

Educators are the front line. They are the **trusted professionals** our kids interact with every day and quite possibly have the closest relationships with children, outside of the family home.

When parents are struggling to manage screen and gaming use at home, it's often teachers and school staff they turn to for help. But how can educators be expected to be experts in **EVERYTHING?**

Teachers, Educators, School Counsellors, IT Staff, Executives, and every other employee that contributes to the school community will leave this session armed with a concrete plan to help stressed parents manage more effectively at home. They will also find ways to **implement more effective strategies in the classroom.**

SESSION OVERVIEW:

- In this fast paced and fun presentation audiences will discover:
- The “**Psych Science**” or psychological underpinnings that drive the addictive nature of gaming, social media and online gambling delivered in plain English, **NOT** research jargon.
- A comprehensive review of the model Brad employs when answering the question on everyone's mind: **What's normal and when should I be concerned?**
- A closer look at the **developmental domains** that are impacted when screens and gaming take over.

Introduction to the **7 UNPLUGGED STEPS** for Educators as a guide to help advise parents of strategies to manage screen and gaming addiction in children and teenagers.

Duration: 60-minute key-note or extended half-day program

This topic is also ideally paired with the “Tech Diet for Parents” to help staff reclaim their sanity at home and come to work well rested and ready to tackle their day.

Importantly, Brad doesn't sidestep the thorny issues around children and teens with addictive levels of screen use.

-Dr Wayne Warburton
(PhD Associate
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Developmental
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THE TECH DIET FOR EDUCATORS

For more information or
to book, please contact
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